University of Minnesota Occupational Therapy Program

Professional Development Tool

| Student Name: | Date: | Advisor: |
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| Student Name. | | AUVISUI. |

Rating Scale of Performance:

4: Meets competency consistently: Performance is consistent, skilled, and self-initiated

3: Meets competency occasionally: Performance is frequent and skilled

2: Area for growth: Performance requires some assistance and direction
 1: Needs practice and coaching: Performance requires substantial development and/or

requires much assistance and direction

| Professional Skills Competencies | Student Rating | Advisor Rating | Comments 2 Plans |
|--|-------------------|-------------------|------------------|
| Fundamentals of Practice in Academic, Clinical, and Community Settings | | | |
| Adheres to ethics (e.g. maintains confidentiality; follows AOTA Code of Ethics and student Code of Conduct) | | | |
| Uses sound judgment (e.g. communicates with others thoughtfully and respectfully; abides by personal boundaries in interactions) | | | |
| Adheres to safety regulations (e.g. follows client's dietary restrictions; uses transfer belt; follows facility dress code; uses proper body mechanics) | | | |
| Behaves respectfully towards others, valuing dignity (e.g. asks permission to engage with clients/families; uses age appropriate vocal tone) | | | |
| Embraces cultural differences (e.g. seeks information to honor cultural norms; asks culturally related questions rather than making assumptions) | | | |
| Acts honestly and with integrity (e.g. speaks truth in all situations; humbles self when in error) | | | |
| Practices articulating OT to others (e.g. defines OT practice in various settings; contributes to explanations around practice approaches) | | | |
| Accurately critiques own limitations and strengths in skills, knowledge, and abilities and adjusts behavior accordingly (e.g. humbles self in inquiry) | | | |
| Shows initiative and is prepared for work (e.g. starts work on time with proper planning completed ahead of the task) Follows through with responsibilities and commitments in timely and | | | |

| complete manner (e.g. rarely changes commitments; in rare cases, does | |
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| so with viable justification) | |
| Self-organizes to manage competing demands (e.g. demonstrates ability | |
| to prioritize tasks and to meet the challenges of the job) | |
| Is aware of and adjusts behavior in response to changing situations (i.e. | |
| 'think on the spot') | |
| Recognizes and maintains boundaries (e.g. understands limitations in | |
| sharing about self and limitations in asking personal questions of others) | |
| Demonstrates openness to feedback (e.g. takes in feedback and responds | |
| with gratitude, seeking to make positive changes going forward) | |
| Teamwork and Collaboration | |
| Develops trusting relationships with others | |
| (e.g., exhibits trust, tact, and empathy) | |
| Makes a contribution to the groups goals and outcomes (e.g. guides | |
| group process by including all members and refocusing the group toward | |
| the task) | |
| Contributes information to the group in a timely and effective manner | |
| (e.g. is present for group meetings and/or makes a planned contribution | |
| ahead of the meeting) | |
| Constructively manages disagreements with others (e.g. does not avoid | |
| conflict; guides interactions toward resolution) | |
| Empathizes with others (e.g. offers support and understanding; honors | |
| the other persons perspective) | |
| Shares accountability for group/team performance (e.g. takes | |
| responsibility for the group when things are going well and when the | |
| group is in conflict) | |
| Performs effectively in different group/team roles (e.g. shifts team roles | |
| dependent on the changing needs of the group) | |
| Applies team leadership practices that support collaborative practice and | |
| team effectiveness (e.g. demonstrates willingness to take on leadership | |
| role) | |
| Leadership | |
| Actively seeks opportunities to improve by challenging the status quo and | |
| identifying areas of needed improvement | |
| | |

| Verbalizes 'possibility thinking' and embraces change | |
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| Fosters the collaboration of others with encouragement and by | |
| recognizing their contributions | |
| Sets an example for others (e.g., rises to a challenge; moves out of | |
| comfort zone; admits when own actions did not contribute to a desired | |
| outcome and how they could have been improved) | |
| Celebrates the success of others on team | |
| Professional Communication | |
| Chooses effective communication tools and techniques to facilitate | |
| discussions (e.g. demonstrates a variety of techniques) | |
| Expresses knowledge and opinions with clarity and respect: working to | |
| ensure common understanding (e.g. seeks clarification humbly and | |
| appropriately) | |
| Listens actively and encourages ideas and opinions from others (e.g. | |
| maintains eye contact and facial expressions welcome input) | |
| Uses tactful, respectful language appropriate to the given situations (e.g. | |
| when giving constructive feedback) | |
| Recognizes own communication strengths and areas for growth (e.g. | |
| communicates with supervisor about personal style that works best) | |
| Articulates OT effectively to others (e.g. defines OT practice in various | |
| settings; contributes to explanations around practice approaches) | |
| Uses social media platforms and electronic communication tools | |
| respectfully and within professional parameters (e.g. properly tailors | |
| email and online communication to meet the demands of the task) | |
| Adjusts communication techniques and style to the audience members | |
| (e.g. speaks to audience at an appropriate level) | |
| Additional Comments: | |
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