



Spring 2018



Occupational Therapy Alumni News

Camilo Brings Home Silver!

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Alumni Reflect on Varied Careers

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From the Director *A message from Peggy M. Martin, PhD, Program Director*



I hope you see value in the snapshots of works accomplished by our alumni, faculty, and staff as you read this issue. We continuously refine our MOT curriculum to reflect best practice so students begin with the right skills for the job. We have also increased our continuing education offerings to better articulate with the real needs of practice.

Notable this year, is our plan to transition to a clinical doctorate curriculum. We hope beginning in fall, 2019 or 2020, pending approvals from our Board of Regents and the Accreditation Council for Occupational Therapy Education (ACOTE). This transition will comply with the August 2017 ACOTE decision to only accredit professional OT programs graduating doctoral level students starting July 1, 2027 (<https://www.aota.org/Education-Careers/Accreditation/acote-doctoral-mandate-2027.aspx>).

This decision came after several years of careful study by ACOTE and was based upon future practice projections requiring a “clear strategic vision” that requires better preparation to “practice and compete in a constantly changing health care delivery system” in ways that ethically, responsibly, and efficiently meet society’s occupational needs.

Our plan is to transition to the doctoral degree as soon as possible and well before the deadline.

We believe this will better align our program with other clinical doctoral programs at the University including physical therapy, medicine, dentistry, pharmacy, nursing, audiology, veterinary medicine, and public health. This transition will better support opportunities for our students to learn alongside these other professional doctoral level healthcare students while also aligning with opportunities from the National Center for Interprofessional Education and Collaborative Practice, located at the University of Minnesota. We also believe early transition enables us to better articulate with the Rehabilitation Science masters and doctoral degrees, programs in which one third of our faculty already teach. Now faculty are painstakingly planning the OTD curriculum and will keep our web page current regarding this transition (www.cahp.umn.edu/ot).

We plan to host fieldwork educator meetings around the state during 2018, in part to listen to your feedback about how the transition of entry-level degrees may impact your practice. Contact me directly to share your thoughts (marti370@umn.edu). All past, present, and future fieldwork educators are invited to attend. Our job is to represent you. Your voice must be heard.

Also highly significant, the Minnesota legislature approved funds to build a new Health Sciences Education Center at the University of Minnesota East Bank campus near the Washington Avenue East Bank train stop. The Biomedical Library and simulation center will significantly expand alongside active learning classrooms designed to bring learners together. See the article on page 7 to learn more about this new state-of-the-art facility.

Tremendous change is ahead and hard work is underway to ensure that excellent education results. I encourage you to update your contact information and share your professional stories and accomplishments here: <https://www.alliedhealth.umn.edu/occupational-therapy-ot/alumni>.

Sincerely Yours,

Peggy M. Martin ■

PROGRAM IN OCCUPATIONAL THERAPY ANNUAL REPORT

Demographics of Incoming Class, Fall Semester	2015	2016	2017
Age (mean)	23.5	24.4	24.3
Cum GPA	3.62	3.47	3.61
Minnesota Resident	67%	62%	73%
Gender (% female)	98%	91%	91.8%
Number of Qualified Applicants	651	584	499
Graduation	2015	2016	2017
Number of Graduates	49	47	48
NBCOT Pass Rate	100%	100%	98%
Fieldwork	2015	2016	2017
Fieldwork Rotations	92	101	94
Number of rotations in MN	85	92	2
Number of rotations outside MN	7	9	2
Percent completing 1+ non-metro rotations*	100%	92%	96%
Level II fieldwork in non-metro rotations	45.65%	48%	42.5%

*either a level I or level II rotation; Information as of 12/31/2017

FOCUS ON ALUMNI

Alumni Look Back on Varied Careers

The Legacy Lives On - Barb Steinman Looks Back on Career As OT

It is important to recognize our graduates – both past and present – thank them for their contributions, and proudly acknowledge their accomplishments.

This year, on the cusp of her retirement, Barb Steinman (graduating class of 1973) reflected on her career as an OTR with recent graduate Nicole (Nikki) Huelsman (class of 2016 and Barb's former fieldwork student), and her final fieldwork student, Erin Thomas (class of 2017). All three were asked about why they chose OT as a career and particularly, the U of M OT program.

Barb knew she wanted to be in a helping profession from a young age. She explored OT as a work study student which led her to the U of M program. She knew immediately it was the right path for her. "I vividly remember so much of the time between the fall of '71 and winter of '72. A lot of education was packed into that period." About her class; "there were 30 students and "we were together most every school day, plus outside of class... I still keep in touch with some of them!"

Barb has worked in mental health for much of her career. "I was fortunate to have worked in a profession that I was well suited. One that provided me with jobs that I enjoyed going to, work that was mentally stimulating, challenging, rewarding, and very interesting," Barb stated. She went on to say "my life wouldn't have been as 'rich' without it." She is pleased to see the trend of returning more OT's to mental health,



"OT's can make such an important contribution to mental health."

Barb is passionate about working with fieldwork students, having supervised around thirty level II fieldwork students during her career. While working with her fieldwork students, Barb emphasized the importance of forming a team with co-workers and developing confidence as an OT. She encouraged students to incorporate and learn how OT can contribute to virtually all settings and she assisted students in understanding that fieldwork is not the end of their OT education. As students began their careers, she encouraged them to find a mentor to support them as they grow into their role.

Nikki Huelsman is a recent grad currently working for the Rice Memorial Mental Health Program. Nikki previously worked as a COTA before returning to school for her MOT. She stated; "I have a passion for enabling others to develop skills to help themselves. The more research I did into the profession, the clearer it became that this was exactly the right profession for me. The U of M stood out due to its hybrid format and excellent reputation in the areas of research."

Erin Thomas, a 2017 grad, always knew she wanted a profession in healthcare. "After my grandpa had to have brain surgery, it was his occupational therapy sessions that really got him back to the man he was before the surgery.

by Chris Bourland, MHA, OTR/L



Barb and Nikki Huelsman

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FOCUS ON ALUMNI

Alumni Look Back on Varied Careers *(continued from page 3)*

It was then that I knew that's what I wanted to be able to do for others. Going through my fieldwork rotations, I have not been disappointed in my decision! After researching the U of M, I was impressed by their hybrid format and the duration of the program, plus it gave me a chance to go out of my comfort zone and try something completely new."

Faculty and staff wish Barb the very best as she moves into retirement. We thank her for her dedication to OT through her work, her mentoring of fieldwork students, and her support of new therapists. We look forward to collaborating with Nikki as she expands her

roles and we wish Erin the best as she begins her career. The U of M legacy lives on!

Special thanks to Erin for working with Barb and Nikki to conduct interviews, take photos, and add additional work to her already busy fieldwork schedule! ■



Barb and Erin Thomas

Spotlight on 1992 Alumni, Terrienne Jones, PhD, OTR/L, Assistant Professor and Director of Continuing Education



What are your fondest memories of being a student in the U of M OT program?

The absurdity of going out to lunch in the middle of a cadaver lab and then coming back with the leftovers. We would walk over to Village Wok on our lunch break in Anatomy Lab and then bring

our leftovers back to the lockers outside the lab in the basement of Jackson Hall, which smelt like formaldehyde.

Tell me about your career progression as an OT.

I started out working on an in-patient child and adolescent psychiatry unit at Marquette General Hospital in the Upper Peninsula of Michigan. The story of my career has been "the good old days ended right when you got here!" Within a year, the child psych program was closed, so I moved into adult and geriatric psychiatry. I became a supervisor for that OT group for a year and then moved on to the adult inpatient rehabilitation

unit as the supervisor. That stint let me try my skills in outpatient, acute care, home care and skilled nursing facility work. I also got to manage the level II FW program during this time as well.

In 1998, my family moved back to Minnesota. This led me to take a turn toward academia. I began teaching in the College of St. Catherine's OTA program in the fall of 1998 and stayed until August of 2005. Enrollment in that program had been dropping each year I taught, and when I was laid off in 2005, I decided it was perfect timing to start my doctoral degree, so I went to work at North Memorial Home Care for the flexibility I needed to manage two kids and doctoral coursework. In 2008, I left North Memorial to join the faculty at the U of M as they fully rolled out the hybrid MOT program. I still continue to practice per diem work as a home care OT as well. I think this work really enhances my teaching.

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FOCUS ON ALUMNI

Alumni Look Back on Varied Careers *(continued)*

Alumni Sharon Sandberg Looks Back on Long Career as OT Practitioner

Dr. Peggy Martin recently interviewed class of 1962 alumni Sharron (Weaver) Sandberg. During their conversation, Sharon recalled the OT faculty of the time: program director Borghild Hansen, student advisors Marion Eliason and Dorthea Esch; Marv Lepley, Jack Ellison, Lorraine Wolfe, Joyce Johnson, and Frederick Kotke. It was Kotke who stated, "If you remember anything, remember, 'edema is glue,'" words Sharon remembers to this day.

Sharron's dislike of blood eliminated nursing as a career option and her counselor at Macalester College suggested occupational therapy instead. At the time, girls did not become veterinarians, and she liked crafts so occupational therapy moved to the forefront of her career choices. Sharon's fate was sealed when she saw an ad about OTs in the Navy. Sharon enrolled in the University of Minnesota OT program and graduated in 1962.

Thinking about what she liked best about occupational therapy, Sharron reminisced, "I remember a lady who lived in the institution. We took her to the restaurant and she just shook. You don't know how to order when you are always given a tray. That was real OT." The real value of OT, she said, was that "OTs taught hands-on skills to succeed in the community, such as getting on the bus, reading labels, how to follow a recipe and cook an egg." She believed OT to be most impactful when therapists could "think outside the box, where we could design programs, use our creative juices to plan and carryout truly meaningful ways to improve lives, whether that be teenagers, abused women, general mental health, eating disorders, community day programs, or senior facilities." Not surprisingly, she said, "Stacking cones and I never hit it off. In nursing homes post stroke, you could still stack soup cans.....activities had to have value."

After graduation, Sharon took a position at Anoka State Hospital, ultimately rising to the position of Director of Occupational Therapy, where she mentored many level II fieldwork students. She consulted with thirteen different long term care facilities while raising her children. From there she developed and taught a lifespan human development course at the Anoka Occupational Therapy Assistant program while simultaneously serving as the psychosocial clinical instructor for students from St. Mary's college. Sharon described mental health as being her favorite area of OT, describing times working as the Social Rehab director at St. Paul's Apollo Drop-In Center. She facilitated women's health while working at the women's mental health/abuse unit at Golden Valley Mental Health Center.

Her leadership in occupational therapy continued as she transitioned to directing rehabilitation at the Twin Rivers nursing home in Anoka and later with the Anoka County Adult Protection/Social Services where her OT expertise complemented public health nursing, social work, case managers, caregivers, and the seniors.

Sharron recently donated a bowl of cherry wood, made on the lathe under the direction of Marv Lepley, and a fishing fly that she made in her therapeutic activities class to the OT program. Thank you Sharron, for your leadership, commitment to OT practice and education, and service to the health and wellness of Minnesotans. We are proud to call you an alumni of our program! ■



Camilo Wins Hearts and Silver at Special Olympics!

Camilo Mejia, son of Dr. Patricia Schaber, a faculty member of the University of Minnesota, competed with the USA team for Special Olympics World Games in Austria in March, 2017. He competed in alpine ski in the giant slalom and slalom races, bringing home a silver medal in the slalom and sixth place in the giant slalom. It was an experience of a lifetime for him and the ultimate reward for 16 years of ski practice. Dr. Schaber has been an alpine ski coach for over 14 years.



The World Games were a culmination of a year of training and preparation. Camilo is on the Lumberjacks Alpine Ski team for Special Olympics and trains every Sunday morning at Afton Alps from December to March. Prior to competing in the World Games, he trained with the USA team for a week in Killington, Vermont. There he met other athletes on the USA team delegation and received an orientation to the trip to Austria.

In March 2017, the USA team gathered in Washington D. C. for two days of orientation before traveling to Austria; first in the mountainous region of Schladming for opening ceremonies and competitions, and later in Graz for the closing ceremonies. A highlight was the opening ceremony where athletes entered

an open air stadium to 10,000 cheering fans. Jason Mraz and Grace Vander Waal sang and dozens of skiers carrying torches skied down the mountain to light the Olympic flame. He met Timothy Shriver, son of Eunice Shriver, who started the games in 1968, and Arnold Schwarzenegger, a celebrity advocate for Special Olympics who first brought the games internationally to Austria.

Dr. Schaber used her OT skills to adapt Camilo's ski training from his first attempt in 1990. Camilo has Down syndrome with low muscle tone and balance difficulty. For two seasons, she skied backward in front of him as he grasped the laterally held ski poles in front of him, the tips of his skis connected. The third season he learned how to get on and off a chair lift and to stop at the bottom of the hill. His confidence improved after six seasons and he could ski intermediate competitions. Now an advanced skier, albeit in his own broad-based style, he skis faster than most. At the top of the run for his Olympic medal, he told himself, "Be brave, I can do this!" And he did.

Dr. Schaber and Camilo Mejia will be co-presenting at the World Congress of Occupational Therapy in Capetown, South Africa, in May 2018. The title of their presentation is, *Aligning Occupational Therapy and Special Olympics: Maximizing Global Participation for Individuals with Intellectual Disabilities.* ■

OT Student Discovers Special Treasure

When Brooke Hanson (class of 2018) came across this small wooden Army Jeep, little did she know of the special connection it would create between herself and the grandfather she had never met. According to Brooke, the small wooden Jeep was always in her grandfather's possession, and after he died, it remained among the things the family kept.

Brooke's grandfather made the jeep during occupational therapy, which he received after being injured in WWII. Though we'll never know the meaning that this incredibly intricate project held for him, it has special meaning for Brooke, who chose to make a similar project in her Occupations as Therapy course during her first semester of OT school. Brooke brought the treasured little jeep into class to show her classmates how detailed the woodworking projects in occupational therapy of the past were.

Thank you Brooke for sharing this treasure, and reminding us that we never know the true impact of our interventions for the people we serve. ■



Brooke's Jeep on left, grandfather's on right

OTs Supporting Inclusion of All Students in Ukrainian Education

The Occupational Therapy program mentored visiting Ukrainian scholars about how occupational therapy contributes to the inclusion of students with disabilities in educational settings. Marta Nykolayeva, an English teacher and Irina Kutsyna, admissions specialist at Kherson State University, both from the Ukraine, participated in a one month fellowship at the University of Minnesota.

The project was funded by the University of Minnesota's Institute on Community Integration and the U.S. Department of State's Bureau of Educational and Cultural Affairs to support the enhanced educational inclusion of students with disabilities in Ukraine, Kazakhstan, Armenia, and India. Both fellows particularly wanted to study the inclusion of students with physical disabilities in educational settings.



Marta (right) and Irina (left) at Bike Day May 10

At times together, and at times apart, the fellows visited the U of M Occupational Therapy program, bike day at the Minneapolis public schools, assistive technology at Minneapolis schools and PACER organization, physical and other health impaired students at Minneapolis public schools, Metropolitan Center for Independent Living, U of M Disability Resource Center, and occupational therapy at work at Advanced Therapy. A special thank you goes to Kay Dole for help setting up visits to the Minneapolis schools and Jennifer

Corbin for welcoming visitors to Advanced Therapy. We wish Marta and Irina the best as you improve everyday lives of students with disabilities around the world! ■



Creating a Space for Teamwork, Innovation, and Learning in the New Health Sciences Education Center

The groundbreaking celebration for the Health Sciences Education Center (HSEC) took place on February 13, 2018 welcoming a new era of health sciences education for the University. This new 202,000 square foot education facility, located on the corner of Harvard and Delaware, is critical to the future success of our students.



The education and training facility will enhance teamwork among health professionals, preparing students to meet the changing needs of communities across Minnesota and around the world. The building will serve as the new "front door" for the Academic Health Center and will include a state-of-the-art simulation center, a mix of active learning and small group teaching spaces, a revamped library, ample study spaces, offices for student services and recruitment, a visitors center, a café, and interprofessional student lounge spaces. This new facility will help Minnesota become a national leader for interactive education and training, producing a health professional workforce ready to meet the needs of the community. ■



In Memoriam - Remembering Alumni



HELENE (TERRY) LOUREY BERG died peacefully on December 7, 2016, after battling breast cancer for 24 years. Terry attended school in Bloomington, Aurora, and Little Falls, Minnesota, graduating from Little Falls High School. She then enrolled in the Occupational Therapy

program at the University of Minnesota, graduating in May 1965. One winter, Terry had a flat tire on her beloved 1950 Ford named Charlie, and a total stranger named Bill stopped to change it. After a whirlwind romance dominated by fishing, bird watching, and camping, Terry and Bill married in July 1965.

Terry followed Bill's educational and employment moves around the state, and worked for St. Peter State Hospital, Minneapolis Veteran's Hospital, and Thief River Falls Hospital. She baked bread on a farm house wood stove at Agassiz National Wildlife Refuge, and in her spare time gave birth to two sons, Bob and Eric. Terry later worked in the Warroad and Baudette School Districts as a Pediatric Occupational Therapist (OT). During this time she and Bill adopted two children from Manitoba, Tom and Irene.

In 1974, Terry and Bill moved again, this time to the Bovey-Coleraine area. For the first 20 years there, Terry again honed her bread baking skills on

a wood fired oven before moving to Big Trout Lake in 1993, where she could finally cook with electricity. Beginning in 1974, Terry worked as an OT at Itasca County Hospital and Leisure Hills. Eventually the challenge of helping physically and mentally challenged children brought her to Grand Rapids School District, where she worked the next 30 plus years as a Pediatric Occupational Therapist, retiring in

2005. Terry and the entire ISD 318 Early Childhood Team built an incredible record of success stories for hundreds of children. Her love for young children, especially those with special needs, carried on long past retirement, right up to her passing. Bill has established the **Terry Berg Memorial Scholarship in Occupational Therapy** in loving memory of Terry. Additional donations are welcomed to continue Terry's legacy in pediatric OT (see page 14 for information about this scholarship). ■



LYNNE A. BERGMAN, age 77 of Golden Valley, passed away peacefully on April 11, 2017 surrounded by family and friends. She is survived by her loving husband of 56 years, Roger, three children, nine grandchildren, five great grandchildren, and two sisters. Lynne received her Bachelor of Science in Occupational Therapy from the University of Minnesota in 1980. ■



ARDIETTA "BETTY" (JOHNSON) BRAGG, age 95 of Excelsior, MN, passed away peacefully on March 8, 2018. Betty was born August 16, 1922 at home in Hanley Falls, MN. Legend has it that her parents considered naming her Electra because electrical

power was switched on in her home town on that same day. She lived in Minneota, Minnesota through her school years, graduating from Minneota high school in 1940, and was one of the last survivors of that class profiled in Dana Yost's 2017 history book titled "1940 - Journal of a Midwestern Town". Betty raised her family and resided in Excelsior for 61 years and was a member of Mount Calvary Lutheran congregation. Betty was a 1944 graduate of the U of M College of Continuing Education. She went on to become an Occupational Therapy practitioner employed by the US Army and an instructor at the U of M Occupational Therapy Program and at St. Mary's Jr. College. Later, she was an Qualified Rehabilitation Counsellor with Imark and Karr Rehab. She was a fine combination of the artistic and the practical, and she was generous within her family and her community. ■

PATRICIA (ZIMMERMAN) ROWLAND, age 80, passed away on April 29, 2015. She was preceded in death by her parents, four siblings and a grandson. Pat was a champion of persons with special needs and an Occupational Therapist in Metro area schools. She loved spending time at the cabin and keeping up with her grandkids. Pat's death leaves a deep void for all who loved her. She is survived by husband Richard, four children, a brother, and eight grandchildren. She was a 1957 graduate of the University of Minnesota Occupational Therapy Program. ■



In Memoriam – Remembering Alumni

MARIAN L. ELIASON, OTR, died peacefully on Friday, September 15, 2017 with family at her bedside. Marian was well-loved by students and colleagues during her long tenure as a faculty member at the University of Minnesota (1955-1990). Her family hosted a celebration of her life on Saturday, October 14, 2017 in the Coffman Memorial Theater of Coffman Union. Marian graduated as an occupational therapist from the University of Minnesota in 1951. Her professional career began as a classroom supervisor at the Minneapolis Society for the Blind, later shortly thereafter at the University of Minnesota Hospitals where she had the dual responsibility of serving in psychiatry and pediatrics (1952- 1955), rapidly rising to the position of Supervisor on Adult Psychiatry. In 1955, she joined the faculty at the University of Minnesota where she worked until her retirement in 1990. Marian worked in nearly every aspect of occupational therapy education including fieldwork coordinator for Level I and Level II fieldwork, serving on admissions committees, and curriculum committees. She was also a well-loved teacher. Many of her graduates remember her courses that include, Introduction to Occupational Therapy Practice, Therapeutic Activities, and Group Process Seminar.

In addition to teaching entry level occupational therapy students, Marian co-founded the OT Refresher Course, a nationally known continuing

education program designed to ‘refresh’ knowledge and skills of occupational therapists who wanted to re-enter their OT career or who wanted to change an area of practice. This program continues yet today, now in a hybrid format of delivery. As an author or co-author, Marian’s contributions to professional journals fostered growth in the profession. Publications included titles such as, “Changes in the frequency of use of occupational therapy modalities from 1978 to 1985: Educational implications in Occupational therapy education: Target 2000”; “Cardiac considerations and physical training”; and “A question of professional boundaries: Implications for educational programs.”

During her busy career she remained active in both state and national committees, including the American Occupational Therapy Association (AOTA) Commission on Education and Minn-Dak Council, a collaborative fieldwork council between occupational therapy programs of Minnesota and the Dakota states. Marian was inducted into the American Occupational Therapy Association’s Roster of Fellows in 1981 to formally recognize her significant contribution over time to occupational therapy. She received a Certificate of Appreciation from the Minnesota Occupational Therapy Association in 1980 to recognize her significant contributions to occupational therapy in Minnesota. ■



FRANCES JEAN EBERLEIN passed away January 24, 2018. Born to Florence and Fredrick Peach on May 16, 1930, she grew up in Minneapolis where she met her future husband, Jack Eberlein. During their fifty-five years of marriage, they raised five daughters, Gerri Saylor, Dianne Eberlein, Lorri Eberlein, Nancy Whipple and Annette Eberlein. She is survived by her sister Rozann Lowe as well as her daughters, four grandchildren, and four great grandchildren. Frances and Jack lived life to its fullest. They built their dream house, explored the history of Minnesota through road trips and created a wildlife habitat in their back yard. Frances loved gardening

and participated in the local Master Gardeners for many years. She possessed curiosity and a lively intelligence. Frances returned to college in her early thirties and received a Bachelor’s degree in Occupational Therapy from the University of Minnesota in 1972. Her deep interest in children with special needs led her to earn a Master’s Degree in Early Childhood Development from the University of St. Thomas at age 55. She devoted her career to the Anoka Hennepin School District where she helped children with special needs reach their full potential. Frances and Jack spent many hours creating adaptive devices for her beloved students. She touched many lives as a teacher and occupational therapist. Her family is currently establishing the **Frances & Jack Eberlein OT Scholarship Fund** to benefit OT students. Additional donations are welcomed to continue Frances’s legacy in pediatric OT (see page 14 for information about this scholarship). ■



OT STUDENTS IN ACTION

Walker Art Center & OT Program Form Partnership

The Walker Art Center contracted with the Occupational Therapy Program at the University of Minnesota to improve the art viewing experience for children with special needs. Occupational Therapy faculty member, Dr. Leann Shore, collaborated with occupational therapy students and a Walker Education Coordinator to host Sensory Friendly



Sundays, which began in 2018. These events are designed to decrease some of the excess stimuli that can cause discomfort for children and families affected by autism. Limited numbers of visitors, decreased harsh lighting, quiet/break rooms, and other details will enhance experiences for people who find outings too uncomfortable to participate.

Look for more information on the Walker's website at walkerart.org. Join us! ■

OT Student's Artwork Recognized on Cover of 2017 Anatomy Bequest Program

A painting created by Katherine Sherrard, a 2017 Occupational Therapy graduate, was selected as the cover artwork for the 2017 Anatomy Bequest Program Service of Gratitude Ceremony. Her original painting was on display at the 2017 CAHP commencement ceremony at Ted Mann Concert Hall.

Katherine used an acrylic medium on canvas to display a body of water, with rippling representing the far-reaching effects one individual can have on others, such as those individuals whose body donation contributes to education and medical research. The painting features trees lining the water and multi-colored leaves representing the various stages of change throughout the course of life. Katherine

said, "I have always loved creating art, and it was an honor to create a piece that could encompass the theme and message for the Anatomy Bequest Program Service of Gratitude Ceremony."

Katherine looks forward to incorporating her creativity in future practice as an occupational therapist. Congratulations Katherine! ■



OT Students Design Winning Adaptive Device

Congratulations to the 2017 Recipients of the 1st Annual "Golden Sock Aid Award" for best custom-design of a low-tech adaptive device for a person with disabilities! The class of 2018 MOT student awardees are below. ■



Twin Cities Cohort



Rochester Cohort

Clinical Work Inspires New Research on Improving Pressure When Seated

By Tamara Vos-Draper; OTR/L, ATP, SMS

The decision to pursue a PhD in Rehabilitation Science came after 20 years' practice and a desire to follow a research question that came out of my clinical work. At Mayo Clinic, I worked with spinal cord injured wheelchair users, which included a strong focus on pressure ulcer prevention and resolution. Through listening



closely to my patients' stories, I realized a need existed for better strategies to facilitate more effective self-management of seated pressure. This led me to pursue research and product development, so I began the Rehab

Science program in Spring 2014 to formally explore my questions. My thought at the time was "If I don't do this, who will?"

My research involves development and exploration of a mobile seat interface pressure mapping system in the home environment and its impact on movement behaviors and self-efficacy. I developed the initial mobile app for

pressure mapping at Mayo Clinic funded by a Center for Innovation grant. Since that time, I have obtained three federal grants with a strong team of collaborators from Mayo Clinic, Minneapolis VA, and Georgia Tech. The funding will facilitate further development of the mobile pressure mapping system and measurement of impact on movement and self-efficacy. Two of the grants are through the National Institute of Aging and one is from the Department of Defense. Total funding awarded for this work has been approximately \$2.5 million in direct costs.

I have completed data collection for my dissertation research and plan to present and defend in 2018. I am thrilled to continue my research as a new faculty member in the Occupational Therapy program at the University of Minnesota. I hope to inspire a taste for research in OT students and in particular, how clinical work can drive research questions and the passion to pursue them. ■



Hostility, Anger and Aggression in the OT Workplace

By Mike Potegal



Have you ever witnessed, or been involved in, a hostile, angry or aggressive interaction with a client, family or co-worker at your OT workplace? Such episodes can be both demoralizing and dangerous. Studies have elucidated the circumstances and risks of aggression for some health related professions, like nursing and social work, but less is known about the risks in the various domains of OT. My students and I are beginning to survey OT's experiences with aggression in the workplace as the first step in developing ideas for prevention and intervention. If you would be willing to help us by telling about a hostile, angry or aggressive workplace experience, please contact Mike Potegal at poteg001@umn.edu. This project does not involve any confidential information. I look forward to hearing from you! ■

OT Welcomes New Pi Theta Epsilon Chapter

The University of Minnesota proudly announces two new University sanctioned student groups – the Program in Occupational Therapy Student Club and Pi Theta Epsilon: Delta Chapter.



The Student Club is a Campus Life Program intended to represent OT classes on both the Twin Cities and Rochester campuses. Its mission is to promote the relationship between OT and other

healthcare professions both on and off campus. The students intend to promote health awareness, provide stewardship, and raise funds for attendance at related OT events, such as AOTA Conference.

Pi Theta Epsilon (PTE) is a specialized honor society for occupational therapy students from the Twin Cities and Rochester locations. Students in the top 35% of the class are



invited to participate in this honor group. The mission of PTE is to support the practice of occupational sciences and the practice of authentic occupational therapy by promoting research, leadership, and scholarly activities by its members. The inaugural induction ceremony was held Sept 21, 2017.

Both organizations required a great deal of student effort under the advisement of Dr. Leann Shore. We look forward to supporting student projects from both organizations. ■

Closing the Gap 2017

This year was the 35th Annual session of Closing the Gap held in Minneapolis every year and developed by therapists right here in Henderson, Minnesota. Closing the Gap has attracted international attention as a conference that provides comprehensive review of a broad spectrum of technology that can be applied to all disabilities and age groups in education, rehabilitation, vocation, and independent living. The conference includes keynote speakers, interactive learning sessions, and an extensive exhibit hall.



Students from the Education Context course (OT 6432) have attended the exhibitor event each year consistently reporting positive feedback for the learning experience. This year's event provided examples of the latest technological advancements including motor control units

in which the brain controls the muscle directly via a wireless pod, communication technologies with smaller and more affordable text to speech devices, and additional online learning tools designed to teach basic skills in math, reading, science, history, and English. Devices to assist the visually impaired and elderly were more prevalent including sonar guides to alert the walker of drop-offs, step-ups or obstacles in the path. These sonar guides can be worn in the form of glasses, or built onto walking devices.



Students are always delighted by the number of free items provided by vendors including shopping bags, stress toys, and candy! ■

Rehabilitation Science Celebrates 20 Years!

The Division of Rehabilitation Science, its 45 PhD and MS graduates (3 of whom are occupational therapists), its 19 current students and 30 current and former faculty proudly celebrate 20 years!

From its inception, Rehabilitation Science's mission has been to discover and disseminate rehabilitation knowledge and improve the quality of life, participation, health, performance and well-being of people in Minnesota and throughout the world. Our mission further encompasses the cultivation of premier leaders and researchers in academia, industry and clinical environments to transform the science and practice of rehabilitation.

OT or related graduates of the Rehabilitation Science program include:

- **Khader Almhdawi**, PhD, OT, is an Assistant Professor (tenure-line) of Occupational Therapy & Rehabilitation and Chairman of Rehabilitation Sciences at Jordan University of Science and Technology in Irbid, Jordan. Advisor: Virgil Mathiowetz, PhD, OTR/L, FAOTA

- **Corey McGee**, PhD, OTR/L, CHT, is an Assistant Professor (tenure-line) of Occupational Therapy & Rehabilitation Science at University of Minnesota in Minneapolis, MN. Advisor: Virgil Mathiowetz, PhD, OTR/L, FAOTA



- **Tonya Rich**, PhD, OTR/L, is an occupational therapist at Gillette Children's Specialty Healthcare, Burnsville, MN (recent graduate seeking faculty position for fall, 2018). Advisor: Bernadette Gillick, PhD, MSPT, PT.



- **Matthew Plow**, PhD, was a full-time researcher at the Cleveland Clinic and is now an Assistant Professor (tenure-line) of Nursing at Case Western Reserve University in Cleveland, OH. Advisor: Virgil Mathiowetz, PhD, OTR/L, FAOTA.



Current students in the Rehabilitation Science program also advised by OT faculty include: Jeffrey Yu and Tamara Vos Draper who expect to complete their PhD degrees within six months; Jenny Hutson and Leah Johnson, who are pursuing their doctoral degree; Theresa Nichols who is pursuing her MS degree; and Lynda L. Anderson, researcher at the Institute on Community integration who is expected to complete her PhD degree within six months.



If you are interested in finding out more about the Rehabilitation Science program at the University of Minnesota go to: For additional information, contact Patricia Schaber via email: schab002@umn.edu or phone 612-626-5111. For potential research assistant funding, see article, *Matthew Plow, PhD, was Approved for \$4.8 Million Research Funding Award.* ■

OT at the Great Minnesota Get-Together!

2017 was the third year the OT program hosted a booth at the Minnesota State Fair, this time on opening day. OT students and faculty answered fairgoer questions, demonstrated adaptive devices, and encouraged guests to spin the wheel to learn more about the OT profession and how they could become an OT. Visitors "won" prizes such as candy, pens, and chip clips. 2017 graduate, Sean Nash, (right) helped staff the booth and was one of the students who helped make the spinning wheel. ■



The Power of Scholarships

The dollars our alumni and friends give to fellowships greatly contribute to the success of our students. Read what some of our student fellowship awardees have said about their scholarships.

“The intersection of sexuality and disabilities, particularly as it relates to sex education for children with disabilities, has always piqued my interest. Many individuals with disabilities report experiencing discrimination related to their sexuality. With the support of the Mary Louise Wales fellowship, I will be an ally for these individuals. One way in which I would like to contribute to children’s health is by working with children with intellectual and developmental disabilities on age-appropriate sexuality-related interventions, such as teaching girls and transgender boys about their menstrual cycles, and helping teens explore their sexual orientations and identities. In this work, I hope to improve access to education and resources and empower individuals.” **Eline Lenne**



“I am still beyond grateful for my admission to the OT program as it has launched me into a world of helping people live their best life and advocating for people that need it the most. After receiving the OT Fellowship award, I was able to resign from my PCA job and focus 100% of my time on my level II fieldwork placements. The scholarship has lessened the financial strain and overall stress during this critical learning period in my career. As I look forward, I plan to pursue travel therapy, exploring different settings and geographical locations around the country. I look forward to becoming a University of MN Alumni and giving back to the program that has given me an excellent foundation of knowledge to begin my career.” **Elizabeth Hinich**



“When I was 18, I was a Personal Care Assistant for my cousin who is on the Autism Spectrum and saw first-hand the amazing things he was able to accomplish with the help of his occupational therapist. My experience as his PCA, as well as multiple jobs working with children with developmental disabilities, have inspired me to want to work with children with developmental disabilities in the future as an

occupational therapist. I have always lived in the suburbs of Minneapolis, and would love to continue living and working in the area. I am incredibly thankful to have been awarded the Borghild Hansen Memorial Fellowship that has helped me pursue my dreams and attend OT school.” **Raina DeMarais**



“I pursued a career in occupational therapy with the intent of being able to help others. Little did I know that I would be pursuing a career in such a multifaceted field that continues to grow and change to meet the demands of all populations in every aspect of their life. My education with the U of M OT program has helped me grasp the importance of meaningful engagement in the lives of others. I am proud to know that I can be a catalyst for positive changes in an individual’s life. I am truly honored to have received the OT fellowship award as it has allowed me the financial flexibility to bring new ideas to the table in my Level II Fieldwork settings. I hope to pursue a career in pediatrics or industrial rehabilitation and I am grateful that my education with the U of M has equipped me with the knowledge and experiences I needed to achieve my dream career.” **Adaline Boden** ■



Occupational Therapy Fellowship Awards for 2017/2018

Richard J. McCauley Graduate Fellowship in Occupational Therapy: supports fulltime graduate students in occupational therapy and promotes all types of diversity in the OT profession, including race, religion, sexual orientation and national origin. **Samuel Cuya, Briana Hedge**

McCauley, Alumni & Friends Occupational Therapy Fieldwork Graduate Fellowship: provides financial assistance to students while they complete the fieldwork requirement for their degree in the Program in occupational therapy. **Christopher Hoenshell**

Level II Optional Fieldwork Scholarship: supports students completing additional fieldwork. **Adaline Boden, Sean Nash, Elizabeth Hinich**

Marie Louise Wales Fellowship: supports students planning to enhance the health of children. **Eline Lenne, Kristina Quire**

Borghild Hansen Memorial Fellowship: recognizes academic excellence of occupational therapy students. **Raina DeMarais**

NEW FELLOWSHIPS:

Terry Berg Memorial Scholarship in Occupational Therapy: provides financial assistance to students completing their occupational therapy internships with children in a rural setting.

Frances & Jack Eberlein OT Scholarship Fund: provides financial assistance to non-traditional students or students changing careers. ■

Thank You for Your Generous Contributions to the Program in Occupational Therapy Fellowship Funds in 2017

\$10,000+

- Dr William E. Berg
- McCauley-Brown Endowment Fund

\$501 - \$1,000

- Dorian D. Ford

\$101 - \$500

- Susan M. Becker
- Margaret U. Berrisford
- Debra J. Adducci
- Patricia A. Bugliosi
- Gerald L. & Susan N. Friest
- Kathryn M. Carlson
- Joyce A. Carden
- Ann C. Holland
- Thomas F. & Cathy J. Fritz
- Mark J. Lager
- Jacquelyn A. Karvas
- Susan R. & William B. Koenig
- Sarah Kujawa
- Thomas M. & Louise M. Montague
- Nancy J. Newman
- Ruth A. & Douglas J. Nelson

- Jeanette S. Nugent
- Karol M. & Udom S. Orr
- Virgil G. Mathiowetz
- Erica B. Stern
- Gerald C. & Susan J. Peterson
- James M. & Lynne M. Plasek
- Jacqueline M. Royce
- Nancy A. Ralston
- Michelle A. Radovich
- Elaine M. Schermann
- Sondra F. Samos
- Winifred A. Schultz-Krohn
- Susan A. Scheefe
- Bonnie-Jo Walbruch

\$51 - \$100

- Frances J. Eberlein
- Judith L. Eggleston
- Heidi S. Cavagnetto
- Candyce H. Goschy
- Mary P. Gohmann
- Dennis R. & Diane M. Jordan
- Kathleen L. Kehrborg
- William M. & Claudia M. McClannahan

- Evonne J. Phillippe
- Deborah C. Resman
- Kristine M. Tuma
- Julienne A. Weighter & John P. Goggin
- Steven W. Velaski
- Georgette W. Valle

Up to \$50

- Katherine A. Ables
- Margaret J. Bowles
- Kari J. Redin
- Amy K. Anderson
- Joann F. Hedin
- June E. Franklin
- Barbara C. & Charles H. Gilbertson
- Marjorie N. Kellor
- Ann J. Lien
- Jennifer L. Bleakmore
- Antoinette Masler
- Craig E. Nelson
- Sandra L. Peterson
- Gretchen M. Schmalz
- Jane M. Wallentine

Giving makes discovery happen!

If you wish to make a legacy gift, ongoing contribution or a one-time gift to the Occupational Therapy Program, please visit: <http://z.umn.edu/supporttot> or call: U of M Foundation at 800-775-2187

OT Student Receives LEND Fellowship

Hannah Sterling received the Leadership Education in Neurodevelopmental and Related Disabilities Fellowship this year. LEND fellows are selected for their outstanding skills and commitment to improving the quality of life for children with neurodevelopmental disabilities and their families.

Hannah is a second year graduate student in the OT program. She graduated with her Bachelor of Science in Psychology and Zoology, as well as earned a certificate in Environmental Sciences from the University of Wisconsin-Madison in 2014. Hannah has experience working with children and adolescents with a variety of neurodevelopmental disabilities as a summer camp counselor, CNA, and behavior therapist. The majority

of her work is as a school-based behavior therapist where she utilized applied behavioral analysis strategies with children diagnosed with ASD.

Throughout her LEND year, Hannah hopes to gain insight into effective practice and communication with families and children touched by neurodevelopmental disorders. Hannah is interested in strategies to overcome the unique barriers and health disparities faced by immigrant families and children. She hopes to increase her knowledge of available resources for families, and further develop skills in advocacy and cultural competency. ■



OT Faculty as Scholars

Occupational Therapy faculty share their expertise through consulting, public speaking, and collaborating in research. Here is a partial list of the invited lectures, peer reviewed and non-peer reviewed (single authored and co-authored) presentations and publications in the 2017 academic year. Please contact our faculty directly regarding these topics at: <https://www.alliedhealth.umn.edu/occupational-therapy-ot/why-ot-program-um/faculty-directory>.

Chris Bourland, MHA, OTR/L

- Jones, T., **Bourland, C.** Pushing into New Frontiers- Using Level II FW to Bring OT to Role Emerging Settings. Short course presentation at the American Occupational Therapy Association Annual conference, March 31, 2017.

Meena Iyer, PhD, OTR/L

- **Iyer, M.**, et al. (2016). Culturally-sensitive care hands-on treatment experience with simulated clients from diverse backgrounds. MDIN Workshop, AOTA conference, Chicago, IL.
- **Iyer, M.** (2016). Assessing clinical reasoning in occupational therapy students. Clinical and Professional Reasoning Scholar's Network, AOTA conference, Chicago, IL.

Terrienne Jones, PhD, OTR/L

- **Jones, T.** (2016) Assistance with Activities of Daily Living (ADLs) and the Person with Dementia: Supporting the individual while getting the job done. Presentation at the Leading Age Dementia Certificate Care Conference, May 20 and August 1, 2016.
- **Jones, T.** (2016) Measuring & Improving Functional Status. Presentation at the Leading Age Minnesota Quality Conference, November 10, 2016.
- **Jones, T.**, Mullinix, A. (2016). Exploring the Relationship Between Health Coaching and OT: Similarities, Differences and Tools for the OT. Short course presentation at the Minnesota Occupational Therapy Association Annual conference, November 19, 2016.

Peggy Martin, PhD, OTR/L

- Peters, C. **Martin, P.**, & Mahoney, W. (2017). The Philadelphia School of Occupational Therapy: A centennial lesson. *Journal of Occupational Therapy Education*, 1(1)1-18.
- Mahoney, W. Peters, C., & **Martin, P.**, (2017). Willard and Spackman's enduring legacy for future occupational therapy pathways. *American Journal of Occupational Therapy*, 71, 7101100020-7101100020p7.
- **Martin, P.** (2016). The culturally effective occupational therapy experience: A phenomenological study. In R. Black, S. Wells, & J. Gupta (Eds.), *Culture and Occupation* (pp. 205-218). Bethesda, MD: AOTA Press.

Virgil Mathiowetz, PhD, OTR/L, FAOTA

- Almhdawi, K., **Mathiowetz, V.**, White, M., delMas, R. (2016). Efficacy of Occupational Therapy Task- Oriented Approach in upper extremity post-stroke. *OT International*.
- Almhdawi, K., **Mathiowetz, V.** (in press) Musculoskeletal pain symptoms among allied health professions' students: Prevalence rates and associated factors. *Journal of Back and Musculoskeletal Rehabilitation*.
- **Mathiowetz, V.** (2016). Task-Oriented approach to stroke rehabilitation. In G. Gillen (Ed.), *Stroke rehabilitation: A function-based approach* (4th ed., pp. 59-78). St. Louis: Elsevier.

Corey McGee, PhD, OTR/L, CHT

- **McGee, C.**, Carlson, K., Koethe, A., & Mathiowetz, V. (accepted for publication). Inter-rater and Inter-instrument Reliability of Goniometric Thumb Active and Passive Range of Motion Measurements in Healthy Hands. *Hand Therapy: Official Publication of the British Association of Hand Therapists*.
- **McGee, C.**, & Mathiowetz, V. (accepted for publication). Evaluation of Hand Forces During a Joint-Protection Strategy for Women With Hand Osteoarthritis. *The American Journal of Occupational Therapy : Official Publication of the American Occupational Therapy Association*.
- **McGee C.**, Dardas AZ, Calfee RP. Rehabilitation After Distal Radius Fracture. In Green A Ed, "Postoperative Orthopaedic Rehabilitation" *American Academy of Orthopaedic Surgeons*. (In press).
- Fitzpatrick, L., **McGee, C.** (9/17/16). A scoping Review of Grip Dynamometry as a Predictor of Work Ability and Return to Work Status. Annual Conference of the American Society of Hand Therapists. (McGee was presenter).

Michael Potegal, PhD, LP

- Chen, A., Hu, W. W., Jiang, X. L., **Potegal, M.**, & Li, H. (2016). Molecular mechanisms of group I metabotropic glutamate receptor mediated LTP and LTD in basolateral amygdala in vitro. *Psychopharmacology*, 1-14.
- Abdelwahab, M., **Potegal, M.**, Shapiro, E; Igor Nestrasil, I. A previously unrecognized behavioral phenotype in Gaucher Disease Type III. *Neurology: Genetics* (submitted).

(continued on next page)

OT FACULTY RECOGNIZED FOR RESEARCH

Corey McGee Receives a Travel Award at CTSI's 2017 Poster Session

The Clinical and Translational Science Institute (CTSI) recognizes researchers for excellence in presenting findings and outstanding posters at the annual CTSI Poster Session and Reception held September 20, 2017. More than 30 research faculty and community judges evaluated 27 posters and funded five scholars to present their research at a conference of their choice. The poster presented by Corey McGee, PhD, MS, OTR/L, CHT, received a \$400 recognition award, titled the "CTSI Office of Community Engagement to Advance Research and Community Health (CEARCH) Recognition Award."



Dr. McGee was funded through the Driven to Discover Community Health Research Grant, which

helps investigators engage Minnesotans in their research at the Minnesota State Fair. The project, titled *Intrinsic Hand Strength in Adults: Age and Gender Stratified Norms using a Novel Measurement Device*, was developed in partnership with the Rehabilitation Engineering Research Program, Department of Veterans Affairs, and the Department of Orthopedics. ■

Corey McGee Receives Grant-in-Aid of Research, Artistry and Scholarship (GIA) Award

In December 2017, Dr. Corey McGee was awarded a \$32,527 research grant for his proposal titled *Dynamic Stability Exercises for Women with Disabling Thumb Osteoarthritis: A Validation Study*. The grant began on January 1, 2018 and extends through June 30, 2019. The grant is funded by the Grant-in-Aid of Research, Artistry and Scholarship (GIA), Office of the Vice President for Research, U of M. ■

Research Team Awarded Funding from PCORI

A research team led by Principal Investigator Dr. Matthew Plow and Co-Investigator Virgil Mathiowetz, PhD, OTR/L, FAOTA, was recently awarded funding from the Patient-Centered Outcomes Research Institute (PCORI) to fund a four-year study titled "Comparing the Effectiveness of Fatigue Management Programs for People with Multiple Sclerosis."



The study compares the effect of three modes of delivering the Managing Fatigue course—two telerehabilitation formats (teleconference or internet) and one traditional format (one-on-one, in person) used in clinical practice—on outcomes important to people with MS (i.e., fatigue and its impact on physical, mental, and social function). The study will conduct a multi-centered randomized clinical trial using a pragmatic design among 610 participants with MS. Recruitment aims to include underserved populations, including people with physical and mental disabilities, people who are diverse in race and ethnicity, and people who live in rural areas. This award includes money for two research assistants, preferably OTRs enrolled in the UMN Rehabilitation Science doctoral program. Contact Dr. Mathiowetz (mathi003@umn.edu) for more information. The project began in January, 2018. ■

OT Faculty as Scholars (continued from page 16)

Michael Potegal, PhD, LP (continued)

- Lobbstaal, J., Arntz, A, Voncken, M. and **Potegal, M.** Responses to dominance challenge are a function of psychopathy level: A multi-method study Personality Disorders: Theory, Research, and Treatment (submitted).
- Evolution of, and in, research on aggression. Evolution and Society. Roseville MN, Sept. 30, 2016.

Patricia Schaber, PhD, OTR/L, FAOTA

- **Schaber, P.**, Brogan, C., Stallings, E., & Ali, F. (2016). Interrater reliability of the revised cognitive performance test: Assessing cognition in individuals with neurocognitive disorders. American Journal of Occupational Therapy.

Leann Shore, OTD, OTR/L

- Exploring Practice Settings and OTR and COTA Collaboration, Panel Presentation, Minnesota Occupational Therapy Association (MOTA) Annual Conference, Minneapolis, MN, November 10-11, 2017. (Shore was a panel presenter).
- **Shore, L.** (August 2017). Addressing Autism in Adolescence. Presentation, Northfield Charter Schools, Northfield, MN. ■

FOCUS ON FACULTY & STAFF

Please welcome two new faculty in Occupational Therapy: Tamara Vos Draper, MS, OTR/L, OTR/L and Scott Miller, OTD, OTR/L. Both faculty office on our Rochester campus.



SCOTT MILLER - Dr. Scott Miller joins us from the Mayo Clinic in Rochester where his OT practice specialized in acute care neuro-rehabilitation for the past 13 years. Dr. Miller received his Occupational Therapy doctorate (OTD) from Mount Mary University in Milwaukee, Wisconsin with a focus on models of distance learning for health professions students. Dr. Miller also received his MS in OT degree from Mount Mary University, and a B.S. in OT from the University of Wisconsin, Milwaukee. He has particular interest in evidence-based assessment, intervention, functional outcomes in neurologically impaired persons, impact of neuro-motor reeducation in recovery of upper extremity function, and outcomes of tele-rehabilitation. Dr. Miller can be reached at millersa@umn.edu or (507) 258-8101.

TAMARA VOS DRAPER

- Ms. Tamara Vos Draper joins our faculty with 24 years of practice experience in skilled nursing, and inpatient/outpatient spinal cord injury rehabilitation at Mayo Clinic, Rochester. Her areas of expertise include wheelchair seating/mobility and assistive technology. Ms. Vos Draper is currently finishing a PhD in Rehabilitation Science at the University of Minnesota and has received three separate federal grants (NIH NIA R21, NIA R01, and DOD CDMRP) to study pressure injury prevention in wheelchair users via mobile pressure sensing. She will continue this research as an OT faculty member with continued collaborations at Mayo Clinic, the Minneapolis VA, and Georgia Tech. Her other research interests include integration between environment, person, task and wearable technology to improve function and quality of life. Ms. Vos-Draper can be reached at vosdr001@umn.edu or (507) 258-8256. ■



Staff Changes at the Center for Allied Health Programs



JOHN NORDSTROM – Operations Manager

John joined CAHP in July 2017 from the Department of German, Scandinavian, and Dutch in the College of Liberal Arts, earning an MA degree in Germanic Studies with a focus

on critical theory and media studies. Prior to his graduate work, John served in the United States Air Force as a Captain in Nuclear Operations as a Missile Combat Crew Commander at the 91st Missile Wing at Minot Air Force Base, North Dakota. John earned his BA in European History and German Literature from Kansas State University in 2009. John grew up in Newport Beach, California and currently resides in St. Paul with his wife Stacy.

CHRIS BOURLAND, past Director of Experiential Learning, has left our OT faculty to be the inaugural Executive Director of the new Minnesota Board of Occupational Therapy Practice. Her last day at the U of M was March 1, 2018. Terrienne Jones is serving as interim Fieldwork Coordinator. Please join us in wishing Chris success in her new endeavor!

AGNES CHAGANI left her position as Associate Director for CAHP on April 6, 2018. Agnes served in this role since 2014 and provided significant support to the programs, faculty and staff. Agnes has taken on a new position as an Administrative Manager with the College of Design at the University of Minnesota. We wish Agnes well in her new position. ■

Celebrating Retirement and Dedicated Service to the University

In 2017, we celebrated the retirement of two long-time staff members – Claire Bjorklund and Beverly Schmidt. We are grateful for their almost 80 years of combined service to the University and we wish them both well as they embark on this exciting new chapter in their life.



CLAIRE BJORKLUND

On July 28, 2017, faculty, staff, former co-workers, friends and family gathered together in the Mayo Auditorium to celebrate Claire's 44 years of service to the University. Claire's long career included working in administrative roles in the Center for Allied

Health Programs, Medical Laboratory Science Program, Lab Medicine/Pathology, and Dentistry. Claire reports that she is enjoying retirement so far, spending quality time with her husband, children, and grandchildren. Claire is also enjoying her free time reading and traveling to new and familiar locations. ■



BEVERLY SCHMIDT

Beverly's retirement celebration was held on November 7, 2017 at the Children's Rehabilitation Center where she worked. Beverly began her career in 1968 as a nurse's aide. She went on to work for Continuing Education in the Arts, Gastroenterology, Supplemental Office Services, and Health Ecology before her 31 years of service with Physical Medicine and Rehabilitation and the Center for Allied Health Programs (CAHP).

Beverly was truly the "face" of the Occupational Therapy Program, greeting students and faculty with her friendly smile, warm demeanor, and vast knowledge of University systems and processes. During her long career at the University, Beverly wore many hats including student services, alumni relations, and event and administrative support to OT, MLS, and CAHP. Some of her more interesting duties included acting as a hand in the orthotics lab, watering brains, and "other duties as assigned". Beverly often commented after a long day, "Well, at least we're never bored at work!" But her most important duty was acting as a mentor and friend to her Occupational Therapy "kids", many of whom attended her retirement celebration to say goodbye and wish her well. Beverly is enjoying retirement so far, spending lots of time with her grandkids and enjoying her favorite hobbies such as knitting and reading. ■



Community Teachers Focus on Collaboration

The 1Health Community Teacher program is an interprofessional learning experience open to OT students. The program pairs medical, pharmacy, occupational therapy, social work, and nursing students with a Community Teacher (CT) who volunteers to share their health care experiences. This program gives students the opportunity to develop a working/professional



relationship with their CT to learn about health and life experiences as an interprofessional team. Over 20 OT students have benefitted from this multi-semester experience. Student and CT feedback has been highly positive with the CT program attracting over 160 community volunteers for this program. Contact Leann Shore, OT faculty facilitator for more information. ■

2017 CAHP Commencement

The Center for Allied Health Programs held its annual graduation ceremony for the Occupational Therapy and Medical Laboratory Sciences Programs on December 15, 2017, at Ted Mann Concert Hall on the West Bank of the Twin Cities campus. Mr. Andrew Yue, teaching specialist in Medical Laboratory Sciences led the procession, carrying the ceremonial mace of the University of Minnesota.



Mr. Matthew Sanford, M.A., delivered the commencement address. Mr. Sanford is an internationally recognized yoga teacher, a sought-after public speaker, founder of the non-profit Mind Body Solutions, and a paraplegic for the last thirty-seven years. He noted that while he has experienced hard times, he is “exactly



who he is because of the life he’s had – because he let in his humanity.” He also focused on the need for graduates to stay nourished and to be “in the moment.” He encouraged graduates to “let life in” and “enjoy the champagne moments.” He closed by noting that we are “all together in the dance of healing,” and urged graduates to “be unafraid to be more present in your life and to stay connected to the people you work with



throughout your career and life.”

Caitlin Fortin delivered the OT graduate address reminding graduates that they were chosen for this program for a reason. She stated that “We all hold a desire to help people; to influence people; to empower people. We want to see people find success through happiness, well-being, and quality of life.” She added that as OTs “We view our clients as the main contributor of the therapy team, and we treat our clients with a holistic perspective. We ask our clients, ‘what matters TO you?’ not, ‘What’s the matter WITH you?’” She closed by encouraging her fellow graduates to “promote the enhancement of well-being and the quality of life to our future clients.”



As students walked across the stage to receive their diplomas, they also received congratulatory handshakes from Dr. Christine Mueller, Associate Vice President for Education in the Academic Health Center, Dr. Peggy Martin, Director of the Program in Occupational Therapy, and Mr. Sanford.

A reception followed the ceremony for the graduates, guests, faculty and staff of the Center of Allied Health Programs.
Congratulations graduates! ■

2017 Commencement MOT Participants



Joseph D. Bakker
Brooke M. Barrett
Samantha J. Barrie
Elizabeth M. Bergen
Adaline R.C. Boden
Sheila L. Bosc
Amanda M. Brause
Rachel Kaye-Marie Britton
Anne Marie Costello
Karlee E. Davis
Tebeth J. Emmons
Samantha O. Falk

Brooke L. Falk
Jill K. Felts
Caitlin M. Fortin
Liana L. Gordon
Brooke K. Hanson
Elizabeth C. Hinich
Jenna M. Hinton
Christopher L. Hoenshell
Alison M. Johnson
Alison Kasowitz
Abbey E. Kollenbroich
Morgan R. Kraus

Morgan L. Larson
Kayleigh Lynn Lawrence
Eline Lenne
Kelly J. Madden
Brittany L. McPhail
Samira Mohmand
Sean M. Nash
Ericka M. Niemann
Emily C. Oltrogge
Kelsey M. Pierce
Kristina K. Quire
Logan J. Reinhiller

Alissa M. Retterath
Koryssa A. Rosenquist
Victoria J. Sauer
Molly A. Schlieman
Katherine M. Sherrard
Ashley L. Somphet
Hannah S. Sterling
Kimberly M. Tafaro
Alaina J. Tolzmann
Timothy R. Wheeler



Update Your Records and Share Your Story!

Graduates from the University of Minnesota Occupational Therapy Program influence the healthcare field every day and make a positive impact in our state and beyond. We take great pride in your success and want to hear from you! Please take a few moments to update your contact information and share your professional and personal accomplishments here: <https://www.alliedhealth.umn.edu/occupational-therapy-ot/alumni>. We will include alumni stories and updates in upcoming issues of the annual OT Alumni Newsletter. ■



CONTINUING PROFESSIONAL EDUCATION

New Courses Added to CE Offerings

The OT Program continues to use the wide variety of expertise of the faculty as well as our extensive experience developing and delivering high quality hybrid and online education to bring Continuing Education (CE) courses to both a local and national community.

UPCOMING COURSES OFFERED:

- New!! Hybrid Refresher Course for Occupational Therapists (60 contact hours; hybrid format.)
- Introduction to Hybrid Teaching and Learning (30 contact hours; face to face hands on workshop.)

CURRENT ON-DEMAND OFFERINGS:

- Introduction to School-Based Practice Refresher Course (16 contact hours; online, on demand-continuous enrollment)
- Introduction to Pediatric Medical-Based Practice Refresher Course (16 contact hours; online, on demand-continuous enrollment)
- New!! Upper Extremity Strength Evaluation and Intervention Refresher Course (4 contact hours; online; on demand-continuous enrollment)
- New!! Autism: An overview for Parents and Professionals (TBD contact hours; online; on demand-continuous enrollment)

ON-DEMAND COURSES COMING SOON:

- The Task Oriented Approach to Improving Motor Function (online; available in fall 2018)
- Occupational Therapy for Older Adults: Alzheimer's Disease and Related Disorders Refresher Course (online; available in fall 2018)

New Hybrid OT Refresher Course for Occupational Therapists:

Our popular OT Refresher Course for Occupational Therapists has been updated and revised and is now offered in a hybrid format! The new hybrid course will begin on May 1, 2018 in a highly structured and mentored online learning experience of weekly modules. Each module will provide an overview of current OT practice topics. After completion of the modules, participants will come to campus on July 12-15, 2018 for four "face-to-face" days where hands on skills will be practiced. Participants will complete two more online modules after the on campus experience to wrap up the course at the end July. We plan to offer this course again in summer of 2019.



Introduction to Hybrid Teaching and Course Development a Success!

In July of 2017 the Program offered this course for the first time for people wanting to learn best practices in creating and delivering educational content in a hybrid model. Participants learned and applied concepts of flipped classroom learning to a topic area of their interest in a hands on laboratory environment with mentors who provided feedback and direction during the experience. By the end of the course, participants produced a sample learning module including objectives, assessment strategies, and learning activities to use as a model for further development in the content area of their interest. **This course will be offered again July 23-27, 2018.** See <https://z.umn.edu/hybridteaching2018> for more information.



2018 OT Forum Focused on Success Stories

The 5th annual OT Forum was held on Saturday, March 24, 2018 at the beautiful Weisman Art Museum. This year's theme was **'Success Stories: The Power of OT'**. Participants heard inspiring stories of innovation, problem solving and OT at its best across a variety of practice areas. The event included opportunities to listen and share ideas with others in their area of practice, an update on what's going on locally and nationally in the profession, and time to network with friends old and new. ■



A Special Shout Out

50th Anniversary OT Class of 1967

Janet M. Busenius
Linda M. Crabtree
Joyce C. Drews
Patricia Gallagher
Gwen M. Gardner*
Carolyn S. Held
Lola D. Hershberger
Karen L. Hime
Barbara N. Holt
Karen M. Janezich*
Kathleen L. Kehrberg
Pamela R. Killian
Patricia L. Kinney
Gladys E. Knutson*
Mary E. Kratz
Janet A. Kundert
Kathryn S. Lederer*
Susan M. Marko
Antoinette Masler
Barbara A. Mesenbourg
Barbara A. Patrek
Barbara J. Rabold*
Ardyce C. Ray
Susan A. Scheefe
Susan M. Schrader
William D. Stoddard
Jane M. Wallentine
Carol R. Werder
Gladys E. Westberg

25th Anniversary OT Class of 1992

Michele J. Anderson
Kristy Asmus
Brenda A. Boatman
Kevin M. Charbonneau
Lisa R. Cleveland
Karel L. Dokken
Rose L. Hansen
Heather A. Hays
Janice K. Herold
Lanette M. Johnson
Terrienne Jones
Stacie J. Kaiser
Susan R. Koenig
Susan M. Landa
Stephanie L. Ley
Jeanne M. Lins
Cynthia A. Nielsen
Gretchen L. Prohofsky
Donna L. Roehl
Kimberly R. Sobiech
Renee M. Sorensen
Peggy S. Specker
Teresa A. Teague
Lavon A. Trana
Delores J. Trueblood
Margaret R. Westre
Ann M. Woxland

*deceased

Spotlight on 1992 Alumni, Terrienne Jones (continued from page 4)

What are some of the changes you have seen since first starting out in OT?

The biggest change is the return to the focus on occupation in practice. Occupation was a word that was rarely uttered when I went through the program. It was a very medical model focus at that time, so I really appreciate today's broader vision of OT and the profession's return to its original roots.

What is most exciting about your role as an OT practitioner and educator?

I really do love teaching students. I loved taking students when I was in the clinic too. I really love infusing passion for this profession into students and showing them the powerful impact of occupation as an intervention. I love it when students see me at a conference or a workshop and we are now colleagues, and I hear about the wonderful things they are doing. And I really love when they tell me that I have made an impact on their OT education/career.

What advice can you provide to OT students who are entering the profession today?

The most important thing you can do is not to stress out too much about the origins and insertions of muscles, or details of intervention techniques. Remember that therapeutic use of self is our most powerful intervention.

Is there anything else you would like to share with alumni and students?

If you care about this profession, and if you've been lucky like me to have a rewarding career in the profession, I ask you to help to pay it forward to the next generation of OT professionals in whatever way you can. Whether it's by making a donation, taking a fieldwork student, or someday donating your body to the cadaver lab for future OT students! ■



Terrienne (Thielen) Jones on the day of her OT graduation in 1992.

We would like to recognize your class at the next State of the State of OT Forum to celebrate your 50th and 25th graduation anniversaries. Please contact Linda Maleitzke, Projects Coordinator, at lmaleitz@umn.edu or 612-625-8936 to make arrangements. Remember to reserve space for your class to gather and reminisce. ■

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